



Job Title: **Student Wellness Ambassador**  
Time Period: October 1, 2024 – June 30 2025  
Salary: \$17.60 per hour  
FTE: Approximately 16 hours/month  
Report to: Mental Health and Wellness Center



## DESCRIPTION

The Student Wellness Ambassadors are the representatives, envoys, and messengers of Foothill College Mental Health and Wellness Center and The Ambassador Program. They are the liaisons between the Foothill College student community and the MHWC mental health counseling services. The Student Wellness Ambassadors' goals are to improve mental health literacy among Foothill College students and the larger Foothill college community by promoting mental health services, encouraging help-seeking behaviors, reducing stigma surrounding mental health disorders, and fostering a supportive and inclusive campus culture with regard to mental health problems.

## STUDENT WELLNESS AMBASSADOR DESIRED ATTRIBUTES AND ABILITIES

- Work with a diverse group of people
- Work as a team member
- Self-motivated
- Good communication skills
- Leadership
- Flexibility
- Creativity
- Reliability
- Interpersonal skills
- Possess a willingness to serve students
- Be flexible and collaborative
- Some basic knowledge about mental health issues

## STUDENT WELLNESS AMBASSADOR RESPONSIBILITIES:

- Commit to 16 hours per month of Student Wellness Ambassador activities (average weekly hours will fluctuate)
- Commit to meet weekly with Ambassador program staff

The position of a student wellness ambassador is not a traditional student assistant job with regular set hours or a pre-determined scope of work. There will be a set of required activities that all ambassadors will be expected to do such as deliver classroom presentations; however, a large part of the job will be based on the creative programming designed by ambassador cohort members.

## APPLICATION CRITERIA

- Past leadership experience or interest in leadership experience at Foothill College
- Current Foothill full time student in good academic standing (2.0 GPA or higher)
- Selected applicants will be contacted for in-person or online interviews
- Ideally, all applicants would be available every Friday between 1-2:15 for an in-person meeting on campus.

*If interested please fill out the application on this site or contact us at [sledelisa@fhda.edu](mailto:sledelisa@fhda.edu) or 650-949-7020. Applications will be reviewed starting September 23, 2024. Priority Deadline to apply is September 30, 2024. Later applications will be accepted until positions are full.*